

CATEGORY: [TRAVEL](#)

BUFFETT LIST: TOP CARIBBEAN ADVENTURES YOU MUST EXPERIENCE

The Caribbean is more than beaches and bars, it's a playground for thrill-seekers, explorers, and dreamers. With over 7,000 islands offering unique adventures, there's no shortage of ways to make your trip unforgettable. Instead of a regular bucket list, we've created a "Buffett List" inspired by the adventurous spirit of Jimmy Buffett to guide you to the best Caribbean adventures for your next getaway.

SOAR TO NEW HEIGHTS IN THE CARIBBEAN

Looking for a bird's-eye view of paradise? The Caribbean offers plenty of high-flying thrills:

- **Microlighting in Barbados.** Glide above Barbados' rugged east coast, soaring over lush jungles, the crashing Atlantic, and the Scotland District in a motorbike-meets-plane adventure.

- **Kitesurfing in the Dominican Republic.** Cut across reef-laced waters and take flight with the wind. The north coast of the DR is a world-class spot to learn and master this adrenaline-pumping sport.
- **Zip-lining in Jamaica.** Up in the thick tree cover of the St. Ann, zip through the White River Valley with Chukka Caribbean, reaching speeds of 35+ mph from heights over 400 feet.

HIKING & ECO ADVENTURES: A STEP ABOVE THE REST

For those who love exploring on foot, the Caribbean's diverse terrain is a hiker's dream:

- **Volcano Trekking in Dominica:** With **Extreme Dominica**, hike, rappel, and swim your way through the canyons of five active volcanoes.
- **Sunrise at Jamaica's Blue Mountain Peak:** Start before dawn and hike to Jamaica's highest point (7,402 ft) for breathtaking sunrise views, rare wildlife, and a misty mountain escape.

DIVE DEEPER: CARIBBEAN UNDERWATER ADVENTURES

The Caribbean's waters are world-renowned for diving and snorkelling. Here's where to plunge in:

- **Turks & Caicos:** Explore the world's third-largest barrier reef and sheer underwater walls that drop over 7,000 feet.
- **Swimming Pigs in Exuma, Bahamas:** Visit the famous Pig Island and explore the untouched beauty of the Exuma Cays.
- **Turtle & Shipwreck Diving in Barbados:** Snorkel with leatherback turtles and dive Carlisle Bay's six wrecks.
- **Grenada's "Titanic of the Caribbean":** Discover the 600-foot-long wreck of the Becca C, now home to reef sharks, rays, and vibrant marine life.
- **Whale Diving in Turks Head Passage:** Get up close with migrating humpback whales for a once-in-a-lifetime dive.

TAKE THE PLUNGE: EXTREME THRILLS IN THE CARIBBEAN

Craving an adrenaline rush? The Caribbean is packed with pulse-raising activities:

- **Skydiving in Aruba:** Jump from 10,000 feet for unbeatable views of the island's turquoise waters.
- **Cliff Diving in Negril, Jamaica:** Head to Rick's Café after a margarita at Margaritaville Negril and dive off

35-foot cliffs into the Caribbean Sea especially magical at sunset.

- **Irie Blue Hole & Green Grotto Caves in Jamaica:** Swim in waterfalls, crystal-clear pools, and mysterious caves filled with stalactites and hidden lakes. Both located in St. Ann.
- **Whitewater Rafting in the Dominican Republic:** Tackle Class III rapids along the 80-mile Yaque del Norte River with Jarabacoa Gold Country.

PLAN YOUR OWN CARIBBEAN ADVENTURE

Your Buffett List is waiting! Whether you're soaring through the skies, diving into crystal waters, or plunging off cliffs, the Caribbean is full of unforgettable adventures.

Download our [BUFFETT LIST](#) guide to plan your trip.

After your adventures, kick back with margaritas, cheeseburgers, and aqua parks at **Margaritaville Caribbean** in Jamaica and Grand Turk.